

WELCOME to COACHES CONNECTION

Meeting Norms:

- ★ Reflect on conversation
- ★ Share your thoughts and ideas
- ★ Mute when not talking
- ★ Be present
- ★ Set an intention for yourself

October 13th: Finding the Flow of Reflection and Feedback Meetings



Mindfulness
Starts Here



Building our Coaching Connections



- Introduce Yourself
- Share a coaching experience you recently had at either the initial meeting or a feedback session.
- What was one thing that went well? What was one thing you would do differently or change for the next meeting?
- Be prepared to share



Our Time Together:

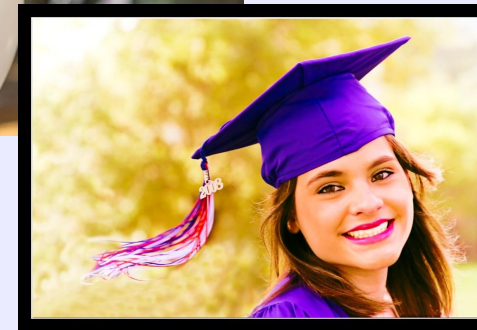
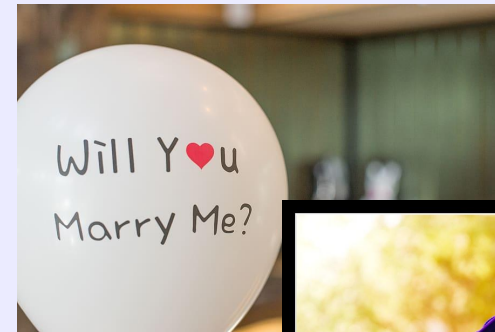
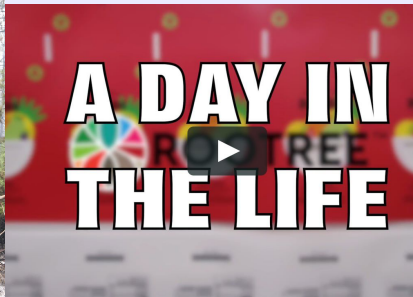
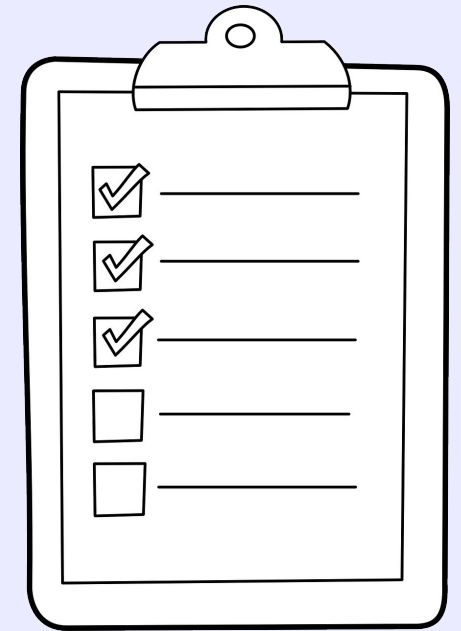
- Ground ourselves in the process
- Reflect on current practice
- Discuss common coaching challenges
- Develop our coaching toolbox

Why?

- Learn from each other
- Strengthen our skills



How We Show Up





1. Review notes from last meeting
2. Review goal and action plan
3. Look at data from focused observation for progress and think through remaining gaps

Coaching Session Planning Tool

These reflection prompts can be used to prepare for a coaching session or conversation. It can be very helpful to write out responses and to look back at them after the meeting and over time.

1. Where did our last coaching conversation end and what do I need to come back to with my client? Was there anything I said I'd check in on next time?
2. What are the goals for this coaching conversation? Are there goals related to the action plan that need to be addressed?
3. What are my intentions for this meeting? What do I want my client to think and feel by the end of it?
4. What might my client's disposition be? What do I know about where he or she is going to be?
5. What do I anticipate might be happening with my client or might be challenging? How can I prepare for this and manage these challenges?
6. Do I anticipate my client will need to release emotions? If so, how can I do this? What works for him or her to process emotions?
7. How can I enroll my client in this conversation? How can I make it matter to him or her?
8. Of the six coaching stances, which might be most effective? Is there a coaching stance that I haven't used much that might be worth trying?
9. Can I anticipate that my client might want to engage in any coaching activities? Which ones might I suggest? Which might help my client reach his or her goals?
10. Are there any materials (articles or tools) that I might gather and bring with me in case my client requests them?
11. Who do I need to be in this conversation? Who does my client need me to be? How do I need to show up?
12. How do I want to feel at the end of this coaching session?



Meeting Structure

Time	Conversation Components
5 Min	<i>Check in and chat</i>
2-4 Min	<i>Check in with the coachee</i> <ul style="list-style-type: none">• “What’s on your mind?”• “What do you most want to be true by the end of this conversation?”
2-4 Min	<i>Check in on previous commitments</i> “How did it go when _____?”
30-45 Min	<i>The conversation</i> Include any questions, big ideas, or topics from your preparation work here. Include opportunities for self-reflection
5-7 Min	<i>Closing</i> Ask coachee to reflect on what they learned, how they feel, and any next steps they need to take. Ask for feedback (what was helpful, not helpful)

Boss: What are your thoughts for the staff meeting?

Me:





Video snippets of Reflection and Fe...



Watch later



Share



MORE VIDEOS

Debbie Roberts

Debra Walter

Early Learning Coach

Educator



0:09 / 7:05



YouTube



<https://youtu.be/5o89d8x7mUM>

Breakout Room Discussions

Review the coaching strategies document in the link. Choose a breakout room that interests you.

1. Introduce Yourself
 - a. Name
 - b. Program/Region
 - c. Role
2. Decide Format for your Breakout Room
 - a. Role Play
 - b. Discussion

Come back together and share



Coaching Strategies

Videotaping

Modeling

Verbal Support

Side by side Gestural Support

How would you explain these strategies to your coachee so they may understand the benefit of using something different besides observation and feedback?

How will feedback look different?

What questions might you use in your reflection with coachee?

https://static1.squarespace.com/static/5b6af3b236099ba883a28b1e/t/60918fea029dfb5781ba18ea/1620152298526/coaching_strategies.pdf



What else can I do as a coach?!?

- Help with Environmental Arrangement
- Help with Individual Child
- Support to teachers
- Resource / materials sharing

What could you add to this list?



Think, Feel, and Process



How do you feel about trying a different coaching strategy? Which one might you try?

OR

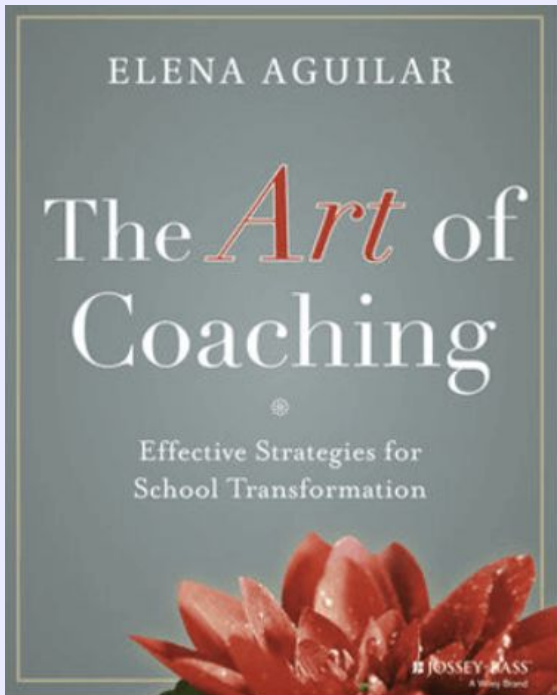
What parts of planning for feedback sessions do you like? What are some parts of the planning process you might you try?



Coaches Toolbox

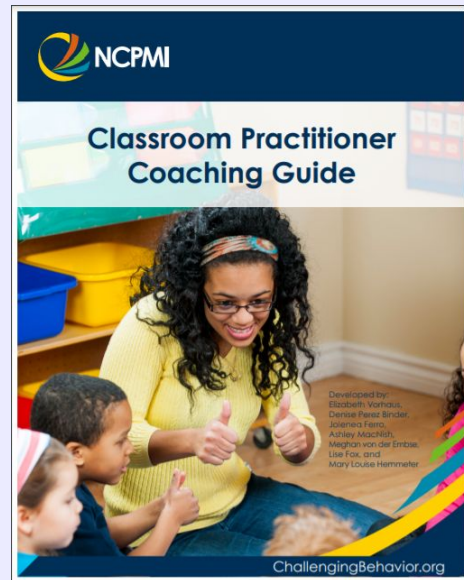
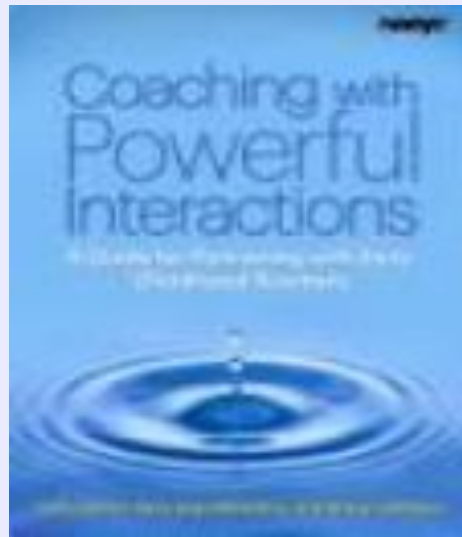
- Session planning tool
- strategies on slide 11
- Meeting Notes





Chapter 13

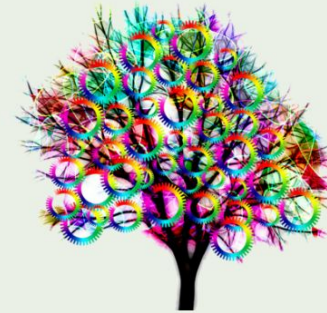
<https://brightmorningteam.com/>



PAGES 6-9; 17-25

<https://challengingbehavior.cbcs.usf.edu/docs/Class-Practitioner-Coach-Guide.pdf>

Reflection & Feedback Resources



GENERAL INFORMATION

[Overview](#)

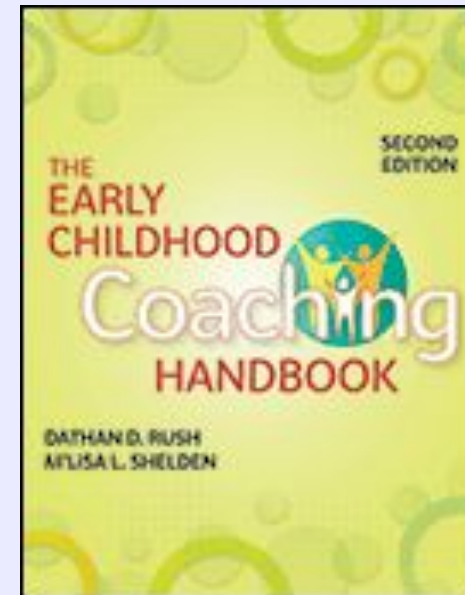
[Tips for Coaches](#)

[Coaching Conference Notes form](#)

REFLECTIVE TOOLS FOR COACHES

[Coaching Needs Assessment](#)

www.wiaimh.org



Upcoming Events



1:00-2:00

Nov 10

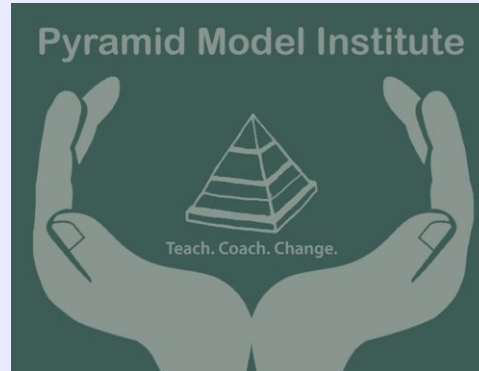
Dec 8

Jan 12

Feb 9

March 9

April 13



Wisconsin Pyramid Model

Institute:

1-2:30pm

Oct 25

Nov 29

Jan 31

Feb 28

March 28

April 25

TPITOS Training
October 26-27 9-4
Virtual

TPOT Training
October 26-27 9-4
Virtual

Practice Based Coaching
November 2-3
9-3:30

Hybrid (Virtual and in person at
the WI-AIMH Office -
Middleton WI)

Feedback Survey

