

# What is Infant Mental Health?



Infant Mental Health is synonymous with healthy social and emotional development and defined as the developing capacity of the child from birth to age 5 to:

- Experience, regulate and express emotions
- Form close and secure interpersonal relationships
- Explore the environment and learn -

all in the context of family, community, and cultural expectations for young children.

## Our Vision

We aim for all Wisconsin infants and young children to reach their fullest potential through nurturing and consistent relationships within the context of family, community, and culture.

Established in 2001, the Wisconsin Alliance for Infant Mental Health (WI-AIMH) is a statewide non-profit organization dedicated to the promotion of social and emotional learning and relationship-based practices.



## Contact Us



### Website

[www.wiaimh.org](http://www.wiaimh.org)



### Phone

608 563-9714

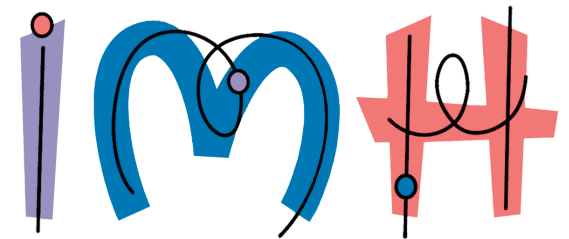


### Main Office

6213 Middleton Springs Dr, Suite 204  
Middleton, WI 53562

satellite offices in Eau Claire and Southeast region

## EARLY RELATIONSHIPS MATTER



WISCONSIN ALLIANCE FOR  
INFANT MENTAL HEALTH

# Our Projects



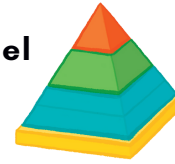
Your partner in infant & early childhood mental health consultation

Healthy Minds Healthy Children (HMHC) is Wisconsin's statewide Infant and Early Childhood Mental Health Consultation program. HMHC has been developed by national and state experts and led by the Wisconsin Alliance for Infant Mental Health. The goal of the program is to support the adults who work to ensure the healthy development and well-being of all infants, young children, and their families throughout Wisconsin.



## Wisconsin Pyramid Model

WI-AIMH coordinates training, coaching and resources for programs and communities to use the Pyramid Model framework. Pyramid Model programs and communities provide safe and responsive environments for infants, toddlers, young children and the adults who care for them. The framework is a set of strategies for adults to use that prevent challenging behavior and promote healthy social and emotional skill development.



## Professional Development

- Wisconsin Infant & Early Childhood Mental Health Conference
- Reflective Supervision Learning Collaborative
- Topic-specific workshops, presentations and trainings

## The Power of Connection

is a web-based experience for families and community members to deepen understanding of the complex and rich emotional worlds of babies and young children.



THE POWER OF CONNECTION



## Advocacy and Education

WI-AIMH joins with state and national partners to advocate for infant and early childhood mental health policies, supports, and services at the local, regional, state and national levels.

## Infant & Early Childhood Mental Health Endorsement® (IMH-E® & ECMH-E®)

are specialized credentialing systems for professionals who work with or on behalf of infants, young children, and their families. The credentials are designed to recognize and acknowledge the expertise of professionals in the fields of infant and early childhood mental health and to promote high-quality, equitable services.

