

Encouraging Reflection

Adapted from
Heffron & Murch (2010)
Reflective Supervision &
Leadership in Early
Childhood Programs.



Raise Alternatives

If you had your choice, what would you do?

What if you do...
what if you don't?



Perspective Taking

What do you think is best?

How do you think X sees this?

What are other ways to look at this?



Clarify

Explain what you mean by that?

How would you explain this to someone who did not know the program?



Encourage Description

"and then...."

Can you tell me about it?

What does this remind you of?

How is this different from other experiences you have had?



Total Picture

What have you tried so far?

What led up to this?

When does this usually happen?



Encourage Exploration

Why do you suppose people do things like that?

How would you handle a problem like that?



Identify Issues

What do you consider the most troublesome part?

Why do you think this bothers you?



Use of Information

How do you think you could find out more?

What do you need to know before you decide?



Encourage Planning

Where do you go from here?

What are some other possible options?

What are your next steps?